

# Lower Camp Reminders & Recommendations!

- Children attending camp must be FULLY independent in the bathroom and require no assistance with either toileting or changing. We will be available for them in an emergency, but otherwise campers must be completely independent in this regard. Sending your child to camp in their swimsuits, and allowing them to come home in their swimsuits, will make things easier for your child if they require assistance dressing themselves. Swimsuits dry very fast at camp! **Tankinis are easier in the bathroom for girls than a one piece.**
- Please look at the weather before you come to camp every day. If rain is predicted or the day is cool, please send a rain jacket, a change of clothing, and an extra towel for your camper. That way if there is rain at the end of the day, they have warm and dry clothes to change into. It is always good to send a change of clothes in with campers for emergencies. Remember, there is no bad weather! There is only inappropriate clothing & gear!
- Our KITTATINNY (Grade K) dismissal time is 3:15. This means they should be **in your car** by 3:15, so please account for traffic both in the community and on the camp road when planning your pick up time. Kittatinny campers may be dropped off anytime after 8am (no earlier). Their counselors arrive at 8:30. There is no extended care for Kittatinny.
- Please send your camper to camp wearing their swimsuit, this way the group doesn't have to wait for other campers to change. Campers can wear their bathing suits all day, but please pack a change of clothes as needed for emergencies.
- Your camper should arrive at camp with sunscreen already applied, we will re-apply as necessary throughout the day. We will be using a universal bottle of sunscreen for ALL campers to make it easier for counselors to re-apply. If you do NOT want your child using our universal sunscreen, please let their counselor know. Your child should still bring their own sunscreen to re-apply themselves, or if they would rather use their own.
- **We recommend SWIM SHIRTS for all campers!** This will make re-applying sunscreen much easier, as counselors can concentrate on faces and arms. A swim shirt that covers the shoulders and back, for both BOYS AND GIRLS, are ideal.
- The recommended shoes for lower camp are CROCS with backs, or sports sandals. Flip-flops and shoes without backs are not allowed. The younger children have a very difficult time putting on their own socks when their feet are wet, and have trouble putting on their sneakers. Crocs or sports sandals will help them get dressed faster after swimming!
- Don't forget to send in a full water bottle with your child every day! Please include a morning snack, plus an afternoon snack if they are staying for extended care (no extended care for Grade K).